



# THE COLLEGE OF DENTAL SURGEONS OF HONG KONG



## President's Message

Dear CDSHK Trainees, Members and Fellows,

I am writing this note of greeting to you amid the surging sea-surface temperatures in the equatorial Pacific, which we call the 2026 'super' El Niño, which is supercharging global temperatures, driving heatwaves, increasing hot nights, heavy rainstorms, and typhoon activity that threaten East Asia, including Hong Kong, while other parts of the world face growing drought and wildfires. In the face of this once-every-10-15-years weather challenge, may I invite you to count with me the blessings of the College of Dental Surgeons of Hong Kong (CDSHK).

The Tri-Collegiate Scientific Conference was held on 4-5 July 2026, when our collaboration among the Royal Australasian College of Dental Surgeons, the College of Dental Surgeons, Singapore, and CDSHK was further strengthened after a Chinese zodiac cycle.



That happened four days after the launch of the first-ever mandatory Continuing Professional Development (CPD) scheme for all registered dentists in Hong Kong, under the direction of the Dental Council of Hong Kong (DCHK). The conference turned out to be a successful event, with 15 eminent speakers from the three Colleges and beyond sharing their insights and knowledge with attendees on advancements in various fields of dentistry and on attention to the well-being of different generations in dentistry focusing on CDSHK. Thanks to the distinguished leadership of Dr WONG Tsz Leung, Chairman of the Scientific Meetings Committee, and the efforts of the Committee in organizing such a remarkable educational event. Together with the pre-conference workshop, this event provided a dynamic platform for all participants - locals, Australians, and Singaporeans- to share evidence-based knowledge and foster our professional relationships. The efforts and dedication of our Secretariat team, under the leadership of Ms Iris YEUNG, are also gratefully appreciated. Over those few days, her team was on full alert concerning the path of severe tropical storm Maysak, which wandered within the 800-kilometer typhoon warning perimeter of Hong Kong during 2-4 July 2026.

Responding to the mandatory CPD requirements under the Cap. 156 Dentists Registration Ordinance (Amended), CDSHK, under the able leadership of Dr FONG Kin Man and Prof LAM Yu Hang, rolled out a eCME/CPD record system for our Trainees, Members, and Fellows in July 2026. May I invite you all to join me in thanking the CDSHK Information Technology Committee!

Over the past couple of months, we have witnessed great development and involvement by younger leaders. Congratulations to Prof LAM Pui Ying Phoebe on assuming the Hong Kong Academy of Medicine (HKAM) Young Fellows Chapter (YFC) Chairperson 2026-2027. I have no doubt that Phoebe and her committees will continue to look into the wellness of our young Fellows, Environment, Social and Governance (ESG) for a better world with great sustainability: focusing on how attention to non-financial issues could eventually lead to novel financial opportunities, particularly in areas which might support better prevention, healthcare provision, and health for all. Big thanks to CDSHK Trainees, Members, and Fellows, especially those from YFC, friends, and family members, for a very successful community outreach service project in Tai O on 10-11 April 2026, providing free health and dental care to older adults. I understand Phoebe is planning the second Tai O outreach soon; please consider joining this very meaningful project.

I cannot finish my message these days without mentioning artificial intelligence (AI). The Position Statement from the Hong Kong Academy of Medicine on artificial intelligence in postgraduate medical education will be published later this year. Please let us all pay attention to this as we embrace this new technology for our education, training, and assessment delivery, on top of our daily clinical activities.

Indeed, CDSHK is moving forward in the first half of 2026 with many blessings, especially due to the involvement of our highly dedicated Trainees, Members and Fellows - the humans in the loop of everything, including AI.

Wishing you a happy, productive, and fulfilling autumn season.

Warmest regards,  
LEUNG Wai Keung  
President

## Upcoming Events

### 2026 CDSHK Conferment Ceremony and Dinner

Date: 15 November 2026 (Sunday)

Time: 5:30pm

Venue: Run Run Shaw Hall, 1/F, HKAM

### 33<sup>rd</sup> Annual General Meeting

Date: 14 December 2026 (Monday)

Time: 7:00pm

Venue: James Kung Meeting Room, 2/F, HKAM

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Stay  
Connected

# HKAM/CDSHK CME Requirements and DCHK Mandatory CPD Programme

Dr SO Cheuk Hang  
Chairman, Continuing Medical Education Sub-committee, CDSHK

2026 not only marks the start of the new 3-year HKAM/CDSHK CME cycle (1 January 2026 to 31 December 2028) but also the newly implemented yearly DCHK Mandatory CPD programme (1 July 2026 to 30 June 2027).

As a practising dentist in Hong Kong wishing to retain the HKAM/CDSHK fellowship/membership status, you are required to comply with these two distinct educational frameworks managed by two different governing bodies:

### **Dentist Annual Practising Certificate:**

10 CPD points per 1-year cycle (1 July to 30 June), with at least 3 points from the Core Categories

### **CDSHK Fellowship:**

90 CME points per 3-year cycle

### **CDSHK MGD Membership:**

60 CME points per 3-year cycle

A dentist MUST enroll with only ONE CPD Programme Administrator as stated in the DCHK guidelines. As one of the four DCHK-appointed CPD Programme Administrators (CDSHK, DH, FD/HKU, HKDA), the College waives the administrative fee to manage both the CME and CPD records for paid-up fellows, members and trainees. However, you must register in advance to activate the CPD tracking by returning the DCHK CPD enrolment form to the College.

Please be aware that the CME and CPD points accredited for each course may differ, as the two systems utilize different evaluation criteria. Fellows and members are advised to verify the awarded CME/CPD points when registering for any course. Basically, there are 4 categories (Cat I, II, III, IV) of CPD activities. A total of 10 points with a minimum of 3 Cat I points and maximum of 3 Cat III/IV points is required.

CME points are classified into Cat A, Cat B and Cat C depending on the course nature. There are altogether 16 local and 5 overseas dental organizations accredited by us as CME providers for granting Cat A Formal College Approved Activity (FCAA) for the CME cycle 2026-28. Apart from participating as an attendee in the FCAA, CME points can also be acquired through a wide range of avenues listed below:

- Chairing or presenting in FCAA
- Presenting to paramedical personnel

- Self-study
- Self-arranged study group
- Hands-on courses
- Publications
- Quality assurance, audits and activities for improvement of patient care
- Postgraduate courses
- Development of CME/CPD materials
- Conducting Examination
- Performing training duties
- Reviewers of indexed journals
- Research
- Undergraduate and postgraduate teaching
- Development of new technology or services
- Development of course materials in eHKAM LMS
- Review of training curriculum and assessment

College fellows/ members/ trainees are recommended to maintain a balanced CME/CPD profile with a mix of different pursuits to achieve an all-rounded and life-long continued medical education.

Led by Dr WONG Tsz Leung (Chairman of the Scientific Meetings Committee), the College will sustain its calendar of accredited CME/CPD courses. This ongoing programming elevates professional care standards while ensuring that we fulfill the essential requirements for license maintenance and fellowship/membership renewals.

Attributed to the hard work of the Information Technology Committee in the past few years under the guidance of Dr FONG Kin Man and Prof LAM Yu Hang, the CDSHK eCME/CPD system has been launched in phases from Summer 2026 onwards. The phase 2 (1 September 2026) system enables a smooth and efficient paperless CME accreditation of overseas activities, submission of self-study report and review of accredited CME/CPD events. You can keep track on your CME/CPD points via this e-system. New features will be added to the system in the coming phases. Please stay tuned to the College website and email for further updates.

I want to extend my deepest appreciation to the Secretariat and every member of the CME Subcommittee. The administrative and evaluation workload faced by the team this year has been truly unprecedented.

I would also like to thank the predecessors and seniors of both past and current College Councils for their invaluable guidance and trust in me to take up this post.

# Tri-Collegiate Scientific Conference 2026

Dr WONG Tsz Leung  
Chairman, Scientific Meetings Committee, CDSHK

**240**

Day 1

Attendees

**299**

Day 2

**40+**

Lectures



**4-5 July 2026**



**HK Academy of Medicine  
Jockey Club Building**

**Advancing  
Dentistry through  
Innovation and  
Solid Foundations**

This year, the College of Dental Surgeons of Hong Kong (CDSHK) hosted the Tri-Collegiate Scientific Conference in Hong Kong, with the generous support of the Royal Australasian College of Dental Surgeons (RACDS) and the College of Dental Surgeons, Singapore (CDSS). We were deeply honored to welcome the Presidents and distinguished delegate speakers from both RACDS and CDSS to this two-day event.



Left to right: President, CDSHK, Prof LEUNG Wai Keung, President, RACDS, Dr Erin MAHONEY and President, CDSS, Dr Mohanarajah S/O S Senathirajah

## Insights from Speakers

We were delighted to welcome distinguished local and international speakers from Australia, Singapore, the UK, Japan and Switzerland, who shared their invaluable expertise around our core theme, “Advancing Dentistry through Innovation and Solid Foundations.” The scientific programme spanned a diverse range of specialties, addressing topics from clinical excellence to personal wellness in practice.

## Mastering Topical and Local Anaesthesia -What's Gold and What's New

by Dr YEE Ruixiang, CDSS

Dr Yee shared practical tips, clinical videos, and case examples on integrating Computer-Controlled Local Anaesthesia Delivery (CCLAD) and modern anaesthetic agents into daily practice, while revisiting the “gold standard” principles of painless anaesthesia.



### **Burning Without a Trace: Understanding Oral Burning and Dysaesthesia**

by Dr Amanda PHOON NGUYEN, RACDS



Using clinical cases, Dr PHOON NGUYEN outlined a practical approach to the assessment, investigation and management of patients presenting with oral burning. Her presentation aimed to improve diagnostic confidence and help clinicians avoid common clinical pitfalls.

### **Alveolar Ridge Preservation Revisited: Integrating Biological Foundation, Histological Evidence, and Clinical Outcomes**

by Dr NG Yi Kai Ethan, CDSS

Dr NG examined the true clinical significance of Alveolar Ridge Preservation, critically evaluating whether its potential benefits justify the additional costs and healing time involved.



### **Smarter Dentistry with AI: Managing Risk While Embracing Innovation**

by Dr George WRIGHT, Dental Director, Dental Protection



Dr WRIGHT helped participants recognize emerging dentolegal and ethical risks associated with AI, including issues related to diagnostic accuracy, data privacy, and accountability for clinical decisions.

### Optimizing Direct Composite Restorations: Clinical Benefits and Material Selection with Digital Workflow

by Prof Keiichi HOSAKA, Professor and Chair, Department of Conservative Dentistry, Graduate School of Biomedical Sciences, Tokushima University, Japan



Prof HOSAKA demonstrated the injection molding technique using clear indices, which enables predictable reproduction of tooth morphology with high efficiency and accuracy.

### Innovative Care for Cleft Lip and Palate Children in Paediatric Dentistry

by Dr Prasad NALABOTHU, University of Basel, Switzerland

Dr NALABOTHU highlighted how AI-enabled digital workflows can enhance early intervention, interdisciplinary collaboration, and patient-centered care for newborns with craniofacial anomalies.



### Vital Pulp Therapy: Contemporary Strategies and Clinical Success

by Dr CHAN Wai Kwok Alex, CDSHK



Dr CHAN explained contemporary Vital Pulp Therapy (VPT) procedures and discussed specific cases where VPT should and should not be used.

### CPD Requirements and New Arrangements for CDSHK Fellows and Members

by Prof LAM Yu Hang and Dr FONG Kin Man, CDSHK



Prof LAM and Dr FONG outlined the College's updated arrangements designed to streamline mandatory CPD and Continuing Medical Education (CME) fulfillment.

### Wellness in Clinical Practice

This occupational health topic is deeply relevant to every one of us- whether a general dentist, trainee, or specialist, regardless of our field of practice. It was no surprise that this session drew a well-deserved, full-house attendance.



#### **The Mind Behind the Mask: Recognizing the Silent Signs of Burnout and Supporting Mental Wellbeing in Training and Practice**

by Prof NG Man Kin Roger, former President of HK College of Psychiatrists

Prof NG provided an overview on the common signs and symptoms of burnout, the structural and personal risk factors involved, and its impact on personal health, interpersonal relationships and career development.



#### **Mind Matters in Dentistry: Building Wellness Awareness for Ourselves, Our Colleagues, Our Patients, and Our Teams**

by Prof Michael George BOTELHO, HKU

Prof BOTELHO, Assistant Dean of Wellness at the Faculty of Dentistry, The University of Hong Kong (HKU), shared strategies to recognize early warning signs of mental distress in themselves and colleagues, apply evidence-based self-care practices, and create psychologically safe workplace cultures.



### **Sustainable Dentistry: Protecting Your Wellbeing for the Long Term**

by Dr George WRIGHT, Dental Director, Dental Protection

Drawing from Dental Protection's extensive experience, Dr Wright helped attendees develop a personal approach to career sustainability, enabling a long, healthy, and professionally satisfying life in dentistry.

### **Workshop: How to Design and Adjust the Emergence Profile in IIPP (Immediate Implant Placement and Provisionalization) and Healed Site Implant Cases**

by Dr YEUNG Ka Chun, Prof LAM Yu Hang, Prof FOK Melissa Rachel, CDSHK



This workshop was designed for implant surgeons, and restorative dentists with intermediate to advanced level experience, aiming to optimize aesthetic and predictable outcomes in both anterior immediate (IIPP) and healed site regions. Techniques for contour modification, impression transfer, and final restoration integration were discussed, demonstrated and practiced.

### **Lunch Seminar : Periodontal Treatment as an Integral Part of Systemic Health Management -The Global Trend**

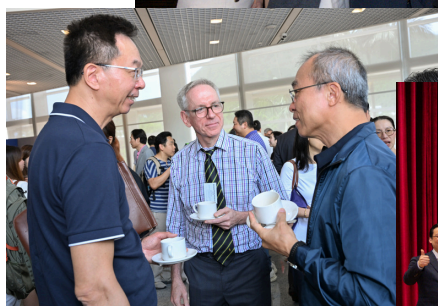
by Dr WONG Sing Yan Philip, Private Practice

Dr WONG examined the critical importance of integrating periodontal therapy into systemic health management, showing that periodontitis can influence the progression of systemic diseases, including diabetes, cardiovascular disease, and Alzheimer's disease.



## Social & Networking Highlights

### Welcome Dinner



### Collegial Exchange



### Hong Kong Regional Committee, RACDS

## Acknowledgements & Gratitude

The conference would not have been possible without the full support of the College Council and the Scientific Meetings Committee throughout the planning and implementation. Special thanks go to our sponsoring dental companies, the dedicated student volunteers and the Secretariat led by Ms Iris YEUNG for their invaluable contributions and tireless efforts in making this event a resounding success.



## **Dental Young Fellows Committee (2026-2027)**

|                         |                                                                                                 |
|-------------------------|-------------------------------------------------------------------------------------------------|
| <b>Chairperson</b>      | Prof LAM Pui Ying Phoebe                                                                        |
| <b>Vice Chairperson</b> | Prof FOK Melissa Rachel                                                                         |
| <b>Secretary</b>        | Dr SUM Fung Hou Kumoi Mineaki Howard                                                            |
| <b>Members</b>          | Dr CHAU Man Him<br>Dr HO Siu Shan Edith<br>Dr LAM Ching<br>Dr LEUNG Tsz Man<br>Dr TAM Ching Yan |

### Trainees' Mental Health Workshop

Dr HO Fu Tak Tom



31 May 2026



Nina Hotel Island South

24

Attendees

## Beyond the Drill: Your Well-being Matters

Medical education research demonstrates that mental well-being directly impacts cognitive performance and learning outcomes. Chronic stress and anxiety impair working memory, slow clinical decision-making, and reduce situational awareness. Conversely, psychological safety optimizes a trainee's capacity to acquire complex technical skills, adapt to unexpected clinical complications, and maintain patient safety.

To address the mental status of our trainees, identify their specific stressors, and establish practical avenues of support, the College conducted a dedicated trainee workshop titled "Beyond the Drill: Your Well-being Matters" on 31 May 2026, at the Nina Hotel Island South from 9:00 AM to 12:15 PM. The event successfully engaged 24 trainees across various disciplines.

### Background & Inspiration

This initiative was inspired by the 2024 "Mental Emergency" workshops organized by the Hong Kong College of Emergency Medicine. The program, led by Prof NG Man Kin Roger, former President of the Hong Kong College of Psychiatrists, equipped trainers with mental health first-aid strategies.

To adapt these insights for the dental specialty, a working group comprised of Prof May WONG, Dr Alan MING, Dr Flora CHAN, and Dr HO Fu Tak—under the consultation of Prof NG—conducted a comprehensive preliminary survey. The survey utilized validated international diagnostic tools to evaluate burnout, depression, anxiety, workplace stressors, coping strategies, and suicidal ideation, alongside the intention to leave training. The survey revealed need for structured support.



### Workshop Speakers and Framework

The workshop brought together three speakers to address the survey data and clinical strategies surrounding trainee well-being:

Dr Alan MING, a member of the College's Wellbeing Survey and Support Team, presented the findings and initial data from the 2026 trainee mental well-being survey.



Prof NG Man Kin Roger, former President of the Hong Kong College of Psychiatrists, Honorary Clinical Professor of Psychiatry, guided trainees on distinguishing clinical burnout from depression and mental disorders, sharing practical tools to identify negative thought cycles through interactive case studies.



Dr CHAN Kwok Ling Phyllis, former Vice President of the Hong Kong College of Psychiatrists and former Chief of Service for the Department of Psychiatry at Queen Mary Hospital, introduced the Hong Kong Academy of Medicine's (HKAM) Peer Support Scheme and other supporting resources.

### Key Messages & Actionable Strategies

**Enhancing Self-Awareness:** Trainees were encouraged to monitor early signs of emotional exhaustion, cynicism, and cognitive fatigue. Catching "unhelpful thinking styles" (such as toxic perfectionism or catastrophizing) early helps prevent progression toward clinical depression.

**Micro-Breaks & Green Exercise:** Incorporating brief, structured moments for mindfulness or compassion exercises helps reset an overstimulated mind. Furthermore, meta-analytic evidence shows that physical activity in natural, outdoor spaces ("green exercise") reduces anxiety and depression significantly better than indoor workouts.

**Managing Digital Fatigue (screen time):** Setting intentional boundaries around daily screen time—particularly limiting passive digital device usage and off-hours scrolling—directly counters psychological depletion and burnout.

**Reframing Help-Seeking as Strength:** Overcoming the "invincibility myth" and fear of "fitness to practice" reviews is crucial. Seeking mental health support is a professional strength and a fundamental responsibility toward patient safety. Trainees were encouraged to utilize confidential external routing and HKAM's ASAP protocol (Awareness, Self-care, Ask for help, Promotion of well-being).

"Reaching out for support is never a weakness; it is a true reflection of strength, courage, resilience, and wisdom."

### **Trainees' Feedback & Post-Workshop Evaluation**

Post-workshop evaluations yielded 18 electronic responses from Basic (44.4%) and Higher Trainees (55.6%). The content was exceptionally well-received, with 66.6% of respondents agreeing or strongly agreeing that the material was highly relevant to their daily practice. Trainees appreciated knowing that the College actively concerns itself with their well-being.

Looking forward, a Peer Supporter Network emerged as the most requested initiative (72.2%), followed by mental health workshops (55.6%) and confidential 1-on-1 professional counseling (50.0%). Trainees also emphasized the vital importance of building strong trainer-trainee rapport to address clinical pressures collaboratively.

### **Future Directions & Strategic Commitments**

**Establishing a Peer Support Network:** The College aims to increase its representation in the HKAM Peer Support Scheme. Additionally, organizing informal social activities—such as music, sports, or BBQs—will build organic peer connections.

**Promoting Shared Awareness:** Both trainers and trainees can benefit greatly from learning about mental well-being. The College can consider organizing tailor-made seminars or workshops, or encouraging participation in well-being programs organized by the Academy. This will help create a common language around stress, breaking down stigma and fostering an empathetic, supportive learning environment.

**Reviewing Training Pathways:** Re-evaluating training pathways to focus on clear requirements, formative assessments, and progressive competency, will allow trainees to enjoy their learning journey.

**Ongoing Evaluation:** Regular assessments will be scheduled to track evolving trainee stressors over time.

### **Conclusion**

The "Beyond the Drill" workshop is an important first step in taking better care of our trainees' mental health. Taking care of our well-being is something we must do together—not just for our own health, but to ensure we can deliver the highest quality of care to our patients.

### Scholarship Report (Prof FOK Melissa Rachel)

#### Overseas Training in Periodontology



3-7 Feb, 2025

Hürzeler & Zuhr Academy training

10-11 Feb, 2025

Carolinum Dental Institute, Goethe University Frankfurt

14-17 May, 2025

EuroPerio11 Congress, Vienna

#### Hürzeler/Zuhr Academy, Munich

My training kicked off with an intensive 5-day course on Periodontal resective surgery and peri-implantitis management. The academy is one of the 29 recognized training practices for DG PARO Specialist in Periodontology® in Germany. The training runs from 9:00-5:30pm daily, combining didactic theory, group discussion, live surgeries, and a heavy emphasis on hands-on surgical task using fresh porcine heads and realistic silicon models. The content of the course builds on foundational knowledge we acquired in our postgraduate training and offers a revisitation of well documented periodontal surgical techniques with modern twists that taking consideration of patient- and site-specific factors to enhance surgical outcomes.

This course has been an opportunity to reflect on my approach to surgical planning and execution. Beyond the clinical knowledge, a major objective for me was to observe how world-renowned experts deliver effective education and engage their learners. Prof Dr HÜRZELER and Dr ZUHR are incredibly passionate and experienced educators, each with vividly unique personalities and strengths. They paid close attention to the needs of every participant, personally inspecting our hands-on work on the porcine jaws and providing constant, tailored feedback. Their relentless drive for self-improvement, deep passion for periodontology, and eagerness to share their expertise have deeply inspired me. I return from this course highly motivated to impart these biologically driven concepts and pedagogical traits to the next generation of periodontists as a trainer in our own postgraduate programs.

#### Zahnärztliches Universitäts-Institut Carolinum (Carolinum Dental Institute), Goethe University Frankfurt

The Carolinum's Periodontology program, directed by Prof Dr Peter EICKHOLZ, is the only one in Germany to hold the European Federation of Periodontology (EFP) accreditation. My insights are drawn from a rigorous two-day observation at the Carolinum, which provided a comprehensive window into the daily operational rhythm of the clinical team. Postgraduate periodontal training in Germany differs markedly from models in the US, UK, or Hong Kong.



Certificate of training completion, photo with Prof Dr HÜRZELER.

Trainees are employed as licensed dentists and receive a standardized university hospital salary rather than paying tuition. The training is demanding and hierarchical, residents balance heavy clinical loads with teaching, administrative duties, insurance paperwork, and independent research. Since Germany's 2021 national insurance update, public coverage for periodontology has become notably generous, encompassing screening, diagnostics, step 1-2 therapies, re-evaluation, and supportive periodontal therapy up to three visits annually based on staging and grading, with remaining procedures paid out-of-pocket. I was also particularly impressed by the collaboration between periodontology residents and the Dental Hygienist(DH)/Prophylactic assistant(ZP) team. Highly skilled DHs serve as clinical instructors for undergraduates, fostering mutual respect and interdisciplinary teamwork from the start. In the postgraduate clinics, I observed trainee ZPs independently conducting initial assessments before reporting findings to the resident, reflecting a fluid, ego-free collaborative dynamic. The German dual education system underpinning these pathways integrates employment with training at every level, enabling trainees to earn while advancing. This system provides equitable access to career progression and rewards motivated individuals.



Faculty staff at Carolinum. Left photo (Left to right): Prof Dr EICKHOLZ, Prof FOK, Dr EL SAYED, Prof Dr DANNEWITZ. Middle photo (Left to right): Prof Dr EICKHOLZ, Prof FOK, Prof Dr SCHWARZ. Right photo: Lunch time journal club and case presentation.

The team graciously conducted all sessions in English during my visit. On Day 1, I attended two resident case presentations where our treatment philosophies closely aligned under the EFP's evidence-based framework and observed two advanced surgeries (peri-implantitis management and periodontal regeneration), sparking excellent discussions on surgical planning and flap design. On Day 2, residents gathered for a lunchtime journal club led by Prof Dr EICKHOLZ and Dr EL SAYED. In a wonderful coincidence, one article reviewed was a paper I had co-authored, leading to an engaging exchange where I could provide background context and answer questions directly. Before concluding, we formally presented our broader research work, laying a foundation for future inter-institutional collaborations.



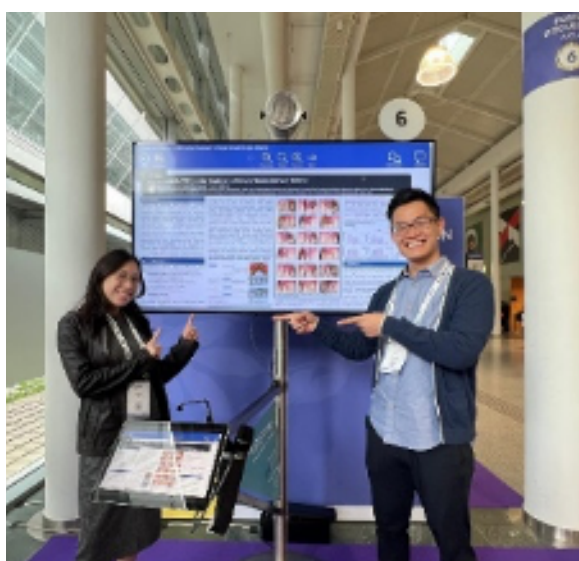
Prof Dr EICKHOLZ supervising resident on periodontal regenerative procedure.

### **EuroPerio 11 Congress, Vienna**

The final leg of the itinerary comprised attending the triennial EuroPerio11 congress in Vienna, Austria, organized by the European Federation of Periodontology (EFP). Held at the Messe Wien Exhibition & Congress Center, the event brought together leading global experts to share the latest research, trending topics, and advanced clinical techniques through a comprehensive scientific programme. Our Hong Kong delegation actively

participated in professional exchanges to showcase our research group's recent developments. I had the privilege of contributing to the scientific programme by presenting the preliminary results of our research group's study on the effect of L-PRF on root coverage. This session was moderated by Prof Karin JEPSEN (University of Bonn, Germany), who provided highly constructive academic exchange and feedback. Attending EuroPerio11 was highly rewarding. The congress served as an effective platform for networking, learning, and presenting our institutional work to a broader audience.

Finally, I wish to express my deepest appreciation to the CDSHK, my mentors, referees and staff at the Carolinum. Their support has provided me with invaluable and memorable overseas training and global exposure.



Research presentation (Left to right):  
Prof FOK, Dr CHAN.



The University of Hong Kong Periodontology alumni and group  
photo in EuroPerio11.

### Scholarship Report (Dr YAU Kar Yin)

#### Overseas Training in Oral and Maxillofacial Surgery



**Dec 2025 - Mar 2026 Peking University School of Stomatology**

I had the extraordinary privilege of spending three months (from Dec 2025-March 2026) as a clinical attachment at the prestigious Peking University School of Stomatology, one of the world's leading centres for dental and craniofacial research and clinical care. Specifically, I was placed within the oncology ward (Ward 4), a high-volume, high-acuity unit dedicated to the surgical management of oral cancer. This experience not only enriched my clinical skills but also deepened my empathy towards patients undergoing cancer treatment. This summary encapsulates my key experiences, learning outcomes, and reflections during this attachment.



**Peking University School of Stomatology**



**Group photo with Prof PENG Xin and his team.**

#### *Learning Opportunities*

Throughout my attachment, I participated in various educational seminars and case discussions hosted by experienced oncologists and surgeons. These sessions offered invaluable insights into the latest research, treatment modalities, and advancements in oncology. Topics such as tumour biology, staging, and the therapeutic roles of immunotherapy and targeted therapies were thoroughly explored. I gained a deeper understanding of the multidisciplinary approach necessary in oncology, where collaboration among different specialties is essential for optimal patient outcomes.

#### *Clinical Skills Development*

Under the supervision of senior clinicians, I had the opportunity to observe, assist and perform in various clinical procedures. These included biopsies, surgical resections, and flap harvest surgeries. The experience allowed me to closely observe masters at work and to refine my clinical skills. The laboratory at Peking University (PKU) was well equipped with microsurgery instruments, materials and microscopes, and was frequently visited by students and fellows to practise on suturing and other surgical skills on models. This helped to build my confidence in management of delicate soft tissues during surgeries.



**Suturing practice at the microsurgery laboratory.**



**With other international fellows.**

### *Interprofessional Collaboration*

Throughout my clinical attachment, I actively participated in multidisciplinary team meetings where patient cases were discussed comprehensively. These discussions emphasized the importance of collaboration among different specialties, including oncologists, radiologists, and rehabilitation specialists. I witnessed how diverse perspectives contributed to developing comprehensive care plans tailored to individual patient's needs. This experience reinforced my understanding that effective teamwork is essential in oncology, as it leads to more holistic and effective patient management.

### *Conclusion*

My three-month clinical attachment at the Oncology Ward of Peking University School of Stomatology was an invaluable experience that enriched my clinical knowledge, skills, and personal development. The exposure to a multidisciplinary team, patient interactions, and ongoing research broadened my perspective on the complexities of oncology care. I emerged from this experience with a deeper understanding of the importance of holistic, patient-centred care in oncology and a renewed commitment to lifelong learning in the medical field. This attachment not only reinforced my career aspirations but also instilled in me the importance of empathy, resilience, and collaboration in healthcare. As I move forward in my professional journey, I carry with me the lessons, experiences, and values that I have gained during this transformative period.

### **Examination Results**

The following Higher Trainees were successful in the Specialty Exit Examinations and have completed their specialist training pathway:

#### **Community Dentistry**

Dr CHOW Wing Yi Winnie 周穎儀

Prof JIANG Chloe Meng 姜曠

#### **Family Dentistry**

Dr LEUNG Wing Tung 梁詠彤

Dr TANG Ho Yeung 鄧浩揚

#### **Paediatric Dentistry**

Dr CHEUNG Yi Lok Elok 張依諾

Dr HO Yuen Ling Cindy 何宛玲

Dr MAN Chin Wing Vanessa 文芊詠

Dr ONSIONG Kimberlee Sheryll Lee Siu Hua 李秀華

Dr WONG Hey Ching 黃希晴

#### **Periodontology**

Dr CHIN Hoi Man 錢海汶

# CDSHK Secretariat

The College Secretariat assists in the daily running of College matters, and consists of 6 staff members as follows:

| Staff            | Title                    | Contact   |
|------------------|--------------------------|-----------|
| Ms Iris YEUNG    | Senior Executive Officer | 2871 8891 |
| Ms Jeanne CHAN   | Executive Officer        | 2871 8890 |
| Mr Alaric CHEUNG | Executive Officer        | 2871 8734 |
| Ms Mousse HO     | Executive Officer        | 2871 8866 |
| Ms Wing LEUNG    | Executive Officer        | 2871 8864 |
| Ms Serina SO     | Executive Officer        | 2871 8732 |

The Secretariat is at your service and provides necessary support for all Fellows, Members and Trainees. Please do not hesitate to contact us if you have any queries.

CDSHK members information update: please send email to [info@cdshk.org](mailto:info@cdshk.org)  
Fellow information update in HKAM: please send email to [edmem@hkam.org.hk](mailto:edmem@hkam.org.hk)

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Dr HO Lai In  
Dr HO King Lun  
Dr LO Chi Wai  
Dr NG Sze Wing Sylvia  
Dr SUM Fung Hou Kumoi Mineaki Howard

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